

MOUNTAIN VIEW COSMETIC SURGERY, LLC
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LIPOSUCTION

Pre-operative Instructions:

1. Do not take aspirin or anti-inflammatory medications for 10 days before surgery as this may increase the risk of bleeding. Tylenol is acceptable.
2. Fill any prescriptions from our office in advance and do not take them until after the operation.
3. If your surgery will be done in office bring your prescriptions with you the day of surgery.
4. Wear loose comfortable clothing to the hospital.
5. You will need a driver to take you home after surgery.

Post Operative Instructions:

1. Notify Dr. Quinn if you develop a temperature over 101 degrees F. or chills.
2. You may shower 24 hours after procedure.
3. Incisions will be covered with band aids and should be changed as necessary.
4. Swelling and bruising is expected and may gravitate down to other areas. Thin, bloody discharge from the incision site is possible.
5. A support garment should be worn for 10-14 days after the procedure.
6. Take your medication with food to hopefully avoid nausea.
7. You may begin driving when most discomfort has subsided and you are not taking prescription pain medication.
8. You may resume activity as tolerated.
9. Make a follow up appointment for 6-8 days following surgery.